

Maternity Bras



How to measure your bra size

Measure directly under your bust (Picture A). Round up or down to the nearest bra size. Refer to the chart below to find out your bra size.

bras sizing chart

Current under bust size (cm)	nm size (cm)
70	70
75	75
80	80
85	85
70 – 75	M
75 – 80	L



How to measure your cup size

Measure around the fullest part of your bust (Picture B). The difference between A and B determines your cup size. Refer to the chart below to find out cup your size.

cup sizing chart

Current bust size (+cm)	nm cup size
10 - 12	B
13 - 15	C
15 - 17	D
18 - 20	E
20 - 22	F
13 - 15	M
18 - 20	L

Care Instructions

For best results, follow the care instructions on the sewn-in label of the garment. Washing a garment in hot water with hot air increases shrinkage. Washing a garment in cold water and laying it flat to dry minimizes shrinkage.

General Care Guidelines

Cotton, Spandex - Machine wash cold, line dry

Polyester, Spandex - Machine wash cold, mild detergent, line dry

Polyester